



Waterford Institute of Technology
 INSTITIÚID TEICNEOLAÍOCHTA PHORT LÁIRGE



Feidhmeannacht na Seirbhíse Sláinte
 Health Service Executive

HIGHER DIPLOMA IN SPHE (LEVEL 8)

TRANSITIONAL PROGRAMME OF STUDY FOR LEGACY EQUIVALENT STUDENTS

DEPARTMENT OF HEALTH SPORT AND EXERCISE SCIENCE AND ADULT AND CONTINUING EDUCATION, IN PARTNERSHIP WITH THE HSE

Introduction

Legacy students who completed the former South Eastern Health Board SPHE programme (1988-1992) or the Extra Mural Certificate in SPHE (1993-2006) have an opportunity to supplement their existing training in order to allow them to achieve a Graduate Diploma in Arts in Social, Personal and Health Education (level 8).

Programme Aims:

On successful completion of the transitional programme participants will have demonstrated their ability to:

- Demonstrate a basic knowledge of effective facilitation skills, i.e. effective listening, clarification skills, creating a safe environment;
- Design and deliver an experiential workshop;
- Demonstrate awareness of boundaries;
- Access and use the skills of assertive communication;
- Demonstrate a knowledge of underlying factors which contribute to current health problems and associated risk factors;
- Identify, own and feel their feelings;
- Distinguish between expressing feelings in a safe way and acting out those feelings;
- Identify how relationship with self impacts upon relationship with others;
- Identify how experiences encountered in formative years affect one's process in the present day;
- Self-evaluate their process and performance;
- Access and interpret health information

Unique Aspects of the Programme:

Students who have completed the former South Eastern Health Board SPHE programme (1988-1992) or the Extra Mural Certificate in SPHE (1993-2006) or equivalent will have engaged in experiential learning and this programme provides these students with the opportunity to demonstrate that they have sufficient knowledge, skills and attributes in SPHE at Level 8.

Programme Modules

	Credits	Time Commitment
Assimilation Module	10	2 evenings 7-10pm
Introduction to Health Research	5	1 evening + 1 Saturday
Health Promotion & Determinants of Health	5	1 evening + 1 Saturday

*WIT reserves the right to make changes affecting this course without prior notice

Entry Details

In order to be eligible to do these modules legacy students must meet the entry as for the HDip in SPHE. Applicants for this programme must hold a Level 7 or an equivalent qualification or experiential learning deemed equivalent. Equivalent programmes being considered will require written confirmation of

qualification and submission of a portfolio of relevant information (contact Course Leaders for further details on portfolio). This Portfolio is to be adjudicated through the Institute's Recognition of Prior Learning (RPL) arrangements. Participants will be interviewed before being offered a place on the Higher Diploma in SPHE and entry onto the course is subject to this interview.

Upon successful completion of these modules, students may apply to Academic Council at WIT via the School of Health Sciences (contact Course Leaders) to have their existing SPHE training awards upgraded to a Higher Diploma in SPHE.

Closing Date

Fees
€900

How do I apply?

Complete the application form and send to:
Postgraduate Administrator,
Department of Adult Education and Professional Development,
WIT College St. Campus,
Waterford

Contacts

Course Leaders
Ms Mairead Loughnane
Tel: +353 (0)51 302165
Email: mloughnane@wit.ie
www.wit.ie

Beatrice Barry-Murphy
Tel: +353 (0)879371890
Email: Beatrice.Barrymurphy@hse.ie

Postgraduate Administrator:
Tel: 051-302225
Email: pagace@wit.ie



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HIGHER DIPLOMA IN SPHE (LEVEL 8) TRANSITIONAL PROGRAMME APPLICATION FORM

Name: _____

Contact details:

Mobile _____ E-Mail _____

Address _____

DOB: _____ Nationality: _____

Education Background

Are you a legacy student from SPHE within WIT? Yes ___ No ___

What year did you complete the South Eastern Health Board SPHE programme (1988-1992) or the Extra Mural Certificate in SPHE (1993-2006)? Year: _____

If you answered no. What course did you complete that is deemed an equivalent to the South Eastern Health Board SPHE programme (1988-1992) or the Extra Mural Certificate in SPHE (1993-2006)?

Name of Course:
Awarding body:
Year of award:

Please include evidence of the award and how this particular course is considered to be an equivalent.

What level of education have you achieved? (Please note: To study at level 8, participants must hold a level 7 qualification)

State the title and Level of award currently held
1.
2.
3.

Please enclose evidence of award achieved/transcript of results